

### Sport and Recreational Leadership Major (52 credit hours)

---

The Sport and Recreational Leadership major prepares students to work in recreation and sports centers, with athletic programs, at camps, and/or in YMCAs, churches, businesses, etc. The goal of this major is to help young people find their niche in the sport and recreation industry. Students will take a common core of classes and then gain knowledge and experiences in specific areas of sport and recreation programming, management, business, and leadership.

#### **Major Requirements:**

- ACCT 2010, Principles of Accounting I, 3 credit hours
  - EXSC 1530, Principles of Strength and Conditioning, 3 credit hours
  - BSNS 2710, Principles of Management, 3 credit hours
  - BSNS 2810, Principles of Marketing, 3 credit hours
  - EXSC 2580, Sports Nutrition, 3 credit hours
  - PEHS 1450, First Aid, 2 credit hours
  - PEHS 3340, Sociology of Sport, 3 credit hours
  - PEHS 3410, Sports Administration, 3 credit hours
  - PETE 1300, Introduction to Sports, Physical Activity and Recreation, 2 credit hours
  - PETE 2250, Motor Behavior, 3 credit hours
  - PETE 3720, Sports, Physical Activity, & Recreation for Special Populations, 3 credit hours
  - PETE 4900, Technology Applications in Sport, Physical Activity, and Recreation, 2 credit hours
  - SPRL 1350, Physical Activity Cluster I - focus on team sports, 3 credit hours
  - SPRL 2450, Physical Activity Cluster II - focus on rec activities and outdoor pursuits, 3 credit hours
  - SPRL 2550, Youth and Adult Sports Programming, 2 credit hours
  - SPRL 3150, Recreational Leadership, 2 credit hours
  - SPRL 3250, Legal Aspects of Sport and Recreation, 3 credit hours (Online)
  - SPRL 3300, Management of Sport Facilities and Events, 3 credit hours
  - SPRL 4850, Practicum in Sport and Recreational Leadership, 3 credit hours (Arranged)
- 
- Majors are strongly encouraged to take EXSC 2140 for meeting the Scientific Ways of Knowing liberal arts requirement.
  - Majors are strongly encouraged to take MATH 1300 or 1400 for meeting the Quantitative Reasoning liberal arts requirement, as either course serves as a prerequisite for ACCT 2010.
  - PETE 2250 Motor Behavior is a Writing Intensive course in the Liberal Arts Program.
  - PEHS 3340 Sociology of Sport is a Writing Intensive course in the Liberal Arts Program.
  - PETE 4900 Technology Applications in Sport, Physical Activity, and Recreation is a Speaking Intensive course in the Liberal Arts Program.

**NOTE:** All students must complete 120 total credit hours to graduate from Anderson University.

Questions? Please contact the [Department of Kinesiology](#).

Proposed course sequence:

Freshman: PETE 1300, SPRL 1350; BSNS 2710, SPRL 2450  
 Sophomore: BSNS 2810, PEHS 1450, SPRL 2550; EXSC 1530, PETE 2250  
 Junior: ACCT 2010, SPRL 3300, EXSC 2580; PEHS 3340, PEHS 3410, PETE 3720  
 Senior: PETE 4900; SPRL 3150, 3250, 4850

Sport & Recreational Leadership Suggested Course Sequence

SEMESTER 1		SEMESTER 2	
SPRL 1350 (TR 1-2:50)	3 Hours	PETE 1300 (TR 9-9:50)	2 Hours
ENGL 1100/ENGL 1110	3-4 Hours	SPRL 2450 (TR 1-2:50)	3 Hours
LART 1050	1 Hour	BSNS 2710 (MWF 9-9:50) *	3 Hours
COMM 1000	3 Hours	ENGL 1120	3 Hours
Civic Ways of Knowing	3 hours	Additional Class	3 hours
Personal Wellness	2 hours	Additional Class *	3 hours

SEMESTER 3		SEMESTER 4	
PEHS 1450 (MWF 8 - 8:50)	2 hours	EXSC 1530 (MWF 11- 11:50)	3 Hours
SPRL 2550 (TR 2-2:50)	2 hours	PETE 2250 (MWF 1-1:50)	3 Hours
BSNS 2710 (MWF 10-10:50) *	3 Hours	BSNS 2810 (TR 9:30-10:45)	3 Hours
Quantitative Reasoning (MATH 1300 or 1400)	3-4 Hours	Scientific Ways of Knowing (EXSC 2140 MWF 10-10:50)	4 Hours
Foreign Language	4 Hours	BIBL 2000	3 hours
Additional Class *	3 hours		

SEMESTER 5		SEMESTER 6	
ACCT 2010 (MWF 9-9:50)	3 hours	PEHS 3340 (MWF 9-9:50)	3 Hours
EXSC 2580 (MWF 10-10:50)	3 Hours	PEHS 3410 (MWF 8-8:50)	3 Hours
Social & Behavioral Ways of Knowing	3 Hours	PETE 3720 (TR 9:30-10:45)	3 Hours
Aesthetic Ways of Knowing	3 Hours	SPRL 3300 (TR 1-2:15)	3 hours
Additional Class	3 hours	Global/Intercultural Ways of Knowing	3 Hours

PETE 4900 (TR 10-10:50)	2 Hours	SPRL 3250 (Online)	3 Hours
SPRL 3150 (TR 9-9:50)	2 Hours	SPRL 4850 (Arranged)	3 Hours
Christian Ways of Knowing	3 Hours	Additional Class	3 hours
Additional Class	3 hours	Additional Class	3 hours
Additional Class	3 hours	Additional Class	3 hours
Additional Class	3 hours		

\* - Take one of the two classes listed.

Questions? Please contact the [Department of Kinesiology](#).